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THE PROGRESS AT HERZOG MEDICAL CENTER CONTINUES

Additional patients have now been transferred from the old Herzog Hospital building to our new Medical Pavilion. We are proud to announce that two entire floors in the new Medical Pavilion are now fully occupied. 124 patients who were hospitalized in the old building, are now benefitting from the comfort of totally new larger rooms. The children in Herzog's Children's Chronic Respiratory Care Department were the first ones transferred to the new building.

A sheltered underground emergency hospital, built to withstand the impact of missiles and provide protection from chemical and biological attacks, was also constructed as an integral part of the new Pavilion.

The building has been built to the highest "LEED" environmental standards incorporating "green" technology. This includes solar panels and recyclable water. We want to thank all of our supporters who helped us reach this preeminent goal in the history of Herzog Hospital. The remaining floors will be completed as additional donations are received.

WORK BEGINS TO COMPLETE THE FINAL FOUR PATIENT FLOORS

Contracts have been signed and work has begun to complete the remaining four patient floors.

Completion is expected by the end of 2020. At that point we will be able to transfer another 150 patients from the old hospital building. Thereafter, we will renovate many of the departments in the current building, as funding becomes available.

This will enable us to almost double the number of patients we can care for from the current 350 to 600. There are many dedication opportunities still available for a variety of needs, as well as to help fund the purchase of medical equipment that will be needed to care for the increase in patients.

Please contact the hospital or your local Herzog Friends group to learn how you can help.



CARING FOR CHILDREN

Herzog Hospital's Children's Chronic Respiratory Care Department is the main facility of its kind in Israel and one of the largest in the world, with the capacity and expertise to treat children (aged 3 months to 21 years) requiring long-term respiratory care.



For those who may eventually be weaned off the respirator and for those who may never be able to breathe on their own, the goal is the same - to comfort and provide them with a better quality of life. Herzog's dedicated staff works tirelessly to provide the children with varied stimulating activities. Those stimuli are essential to the further development of children suffering from brain damage and chronic respiratory deficiencies. Professor Rena Gale, Director of the Children's Chronic Respiratory Care Department, emphasizes the need to constantly engage with children and develop their senses, and work to wean some of the children from the dependence on respirators to breathe. The internationally distributed newspaper Hamodia, featured a very moving article describing the special care provided by Herzog Hospital's dedicated staff. The article also focused on Herzog's School of Special Education and its revolutionary work helping the children.





NEW GLASSMAN AMBULATORY CENTER

Construction of the new Dr. Max (z'l) and Gianna Glassman Ambulatory Center is continuing and is expected to be completed in 2020. The Center is being built with the support of the Jewish National Fund of Toronto. Located on the campus of the hospital, it will consolidate Herzog's Community Mental Health Center, Children's Clinic, and the Israel Center for the Treatment of Psychotrauma. These facilities are, currently scattered in different buildings throughout Jerusalem. The Center will also offer new outpatient services in various fields. With demand for services continually increasing, the services offered at the Center will streamline and improve the comprehensive outpatient care that Herzog provides.



OPENING OF THE WORLD'S FIRST SYNAGOGUE FULLY ACCESSIBLE FOR WHEELCHAIR BOUND PATIENTS

Herzog Medical Center has dedicated the new synagogue, "Mishkan Shmuel" located in the New Medical Pavilion. This synagogue was especially designed to provide full accessibility to the elderly and wheelchair bound patients. Amongst its unique features, the bimah-the table from where the Torah is read- can be lowered and tilted toward the patient when he is called up to the Torah. The Aron Kodesh-where the Torah scroll is kept, is low enough, with a sliding shelf for the individual sitting in a wheelchair to fully access the Torah. Mishkan Shmuel is the only synagogue in the world designed with these special features for the elderly. In addition, a 100 year old Torah from Romania rescued from the Holocaust was rededicated, and will now be in regular use in Herzog's new synagogue. The dedication ceremony was attended by the two Chief Rabbis of Jerusalem, Rabbi Yosef Amar, and Rabbi Aryeh Shtern, the mayor of Jerusalem Moshe Lion, and the donor's extended family.

VIRTUAL REALITY UNIT ESTABLISHED

With the generous support of the French Foundation Pharmadom, a Virtual Reality Unit has been initiated at Herzog Hospital. Incorporating a wide range of new technology now available, the hospital is now using VR equipment to help the hospitalized children and adults. Children, who until now were passive are learning how to interact with computers and their surroundings, using numerous different virtual stimuli.



Virtual reality is also helping in the physical and occupational therapy provided to adults recovering from strokes or orthopedic surgeries. Over the last decade or so, with the introduction of more powerful computers at a reasonable cost and the development of readily available software and display systems, virtual reality has come to the forefront for rehabilitation technologies.

A NEW URGENTLY NEEDED OXYGEN

GENERATOR HAS BEEN DONATED

Herzog Hospital received a generous donation from an American Foundation to purchase an oxygen generator. The foundation committed to donate 50% of the cost of the generator on condition that Herzog was able to raise the other half. Thanks to the incredible support of many donors, Herzog Hospital was able to raise the balance, enabling us to purchase the much needed generator. As the number of children and adults on respirators at Herzog Hospital continues to grow, the need to buy an advanced newer model to replace the old oxygen generator was essential. The generator will be installed in a specially designed part of Herzog's new Sheltered Underground Emergency Hospital.



118 CUSTOM DESIGNED WHEELCHAIRS DONATED

Over 150 people from four different organizations from across America attended a moving ceremony at Herzog Hospital to donate 118 custom designed wheelchairs for the children and adults in Herzog's Chronic Respiratory Departments. Spearheaded by the Forster Family Foundation, these wheelchairs have enabled our children to sit up, and not just lie in their beds. The children and adults can now be taken outside for fresh air, and see their environment, while still attached to their respirator. Dedicated trained volunteers traveled from the US to assemble each custom fitted wheelchair.

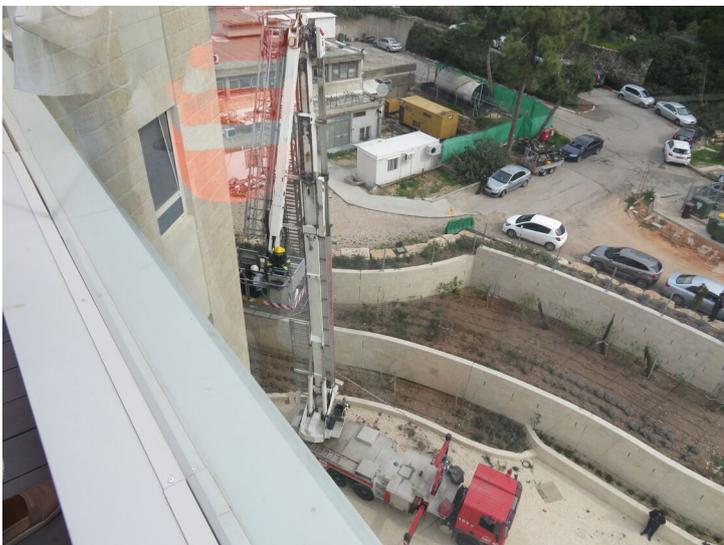
EMERGENCY DRILL



Herzog Hospital participated in a Jerusalem area emergency drill, simulating a missile attack on the city. Coordinated by the Home Front Command of the Israel Defense Forces, Herzog Hospital staff practiced evacuating three different departments as if the hospital was hit by a missile, which also caused a fire to break out. The staff evacuated the Physical Rehabilitation Department, the Children's Chronic Respiratory Care Department on the sixth floor, and the Men's Psychiatric Department. Try to picture moving a bedridden patient, hooked up to a monitor and respirator. Four staff members were required to move each patient. Two to move the bed, and two to hold the medical equipment to make sure it does not become disconnected from the patient.

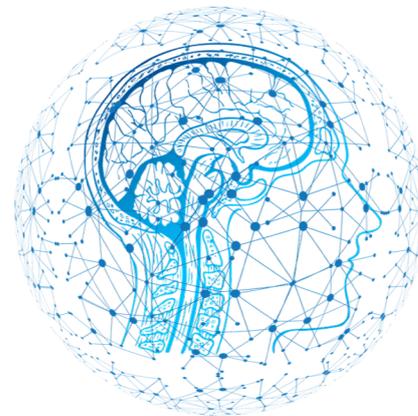


The evacuated patients' were brought down to Herzog's Sheltered Emergency Underground Hospital in the New Medical Pavilion. Built to withstand missiles, chemical and biological attacks, once completed, the emergency hospital will be able to accommodate 300 patients. The fire department simulated an evacuation from the sixth floor Children's Department, using one of the few fire trucks with a long hydraulic ladder to reach the top floor. Fortunately, this was only a drill as the underground emergency hospital is not yet totally completed. This is due to the lack of funding to finish and adequately equip it. Our staff received such high marks for their performance from Israel's Home Front Command that Herzog Hospital has been selected as the site for an international exercise next year.



HERZOG'S CLINICAL RESEARCH CENTER FOR BRAIN SCIENCES

The Center conducts multidisciplinary research focusing on the brain, blending basic and applied clinical sciences with the special patient population at Herzog. The research concentrates on neurodegenerative diseases with an emphasis on Parkinson's Disease, stroke, depression and related disorders, The current research focuses on neuro-rehabilitation using Trans Cranial Direct and Alternating Current Stimulation. This is a growing field in the science of cognition and especially in stroke recovery; and neuro-rehabilitation of anoxic brain damage. Research is also being conducted to improve functional capacity in schizophrenia and depression patients; and developing new thinking in the methods of caring for people with ALS.



ELECTRO-PHYSIOLOGY LAB

Dr. Oded Meiron, Director of the Electro-Physiology Lab concentrates on utilizing transcranial direct current stimulation (tDCS). This is the use of non-invasive neuromodulation to target and stimulate specific areas of the brain as possible new ways to treat diseases ranging from depression and schizophrenia to Alzheimer's Disease and stroke. It is also now being used to help children in our Children's Chronic Respiratory Care Department who rely on respirators to breathe because of damage to the brain. Several research articles have recently been published. These include "Unilateral Prefrontal Direct Current Stimulation Effects are Modulated by Working Memory Load and Gender" highlighting transcranial direct current stimulation to improve cognition and memory; Dr. Efraim Jaul, Director of the Skilled Nursing Department at Herzog Hospital and Dr. Oded Meiron published two papers. "Dementia and Pressure Ulcers; Is There a Close Pathophysiological Interrelation" published in the Journal of Alzheimer's Disease and "Systemic and Disease Specific-Risk Factors in Vascular Dementia: Diagnosis and Prevention". Their research indicated the importance of identifying behavioral and neurobiological markers that can assist in developing novel preventive treatment strategies that can help reduce the chances of vascular dementia. The journal *Frontiers in NeuroScience* published the collaborative research between Prof Rena Gale, Director of Herzog's Children's Chronic Respiratory Care Department, Dr. Julia Namestnic, Senior Physician in the Department and Dr. Meiron that demonstrated the effectiveness of high-definition transcranial direct current stimulation (HD-tDCS) in treating a child with early-onset epileptic encephalopathy.

NEURO-IMMUNOLOGY LAB



Another development in the Research Center is the Neuro-immunology Lab. Autoimmune neurology is the twenty-first century sub specialty in neurology. It includes assessing disorders like epilepsy, movement disorder, cognition and neuromuscular but with an autoimmune etiology. These disorders are under diagnosed and often misdiagnosed. Herzog's new Neuro-immunology Lab conducts comprehensive diagnostic tests for many potentially treatable and occasionally fully reversible autoimmune neurological disorders. Research at the lab has already identified that certain forms of schizophrenia have a neuro-immunological cause, and can in fact be effectively treated, if not cured. The lab also serves as a teaching facility for medical and research students; and provides researchers services to enable them to study the pathogenesis of autoimmune neurological disorders.

HAREFUAH- ISRAEL MEDICAL JOURNAL

We are proud to announce that the main medical journal in Israel "Harefuah" has dedicated an entire issue to Herzog Hospital. Over 16 articles were written by Herzog staff describing our medical breakthroughs, research and treatment successes.



WORKSHOPS AND CONFERENCES AT HERZOG



PHYSICAL THERAPY FOR PATIENTS ON RESPIRATORS:
A special workshop was held to train physical therapists on how to effectively work with patients on respirators. Herzog staff continue to share their extensive knowledge developed in treating chronic respiratory patients.

PALLIATIVE CARE COURSE:
Nurses from throughout Israel participated in a course on palliative care for elderly long-term patients. This was just one of the various advanced education courses that the Herzog Nursing staff organizes each year for health care professionals.

JOINT NURSING PROGRAM WITH THE JERUSALEM COLLEGE OF TECHNOLOGY

HEALTH CARE PROFESSIONALS FROM MOSCOW VISIT

Over 40 health care professionals visited Herzog from Moscow. Coordinated between the Ministries of Health in Israel and Moscow, the participants came to specifically learn more about Herzog's work in treating geriatric and respiratory care patients.



21st ETHIOPIAN NURSES' AIDES TRAINING COURSE GRADUATES

The most recent group of Ethiopian immigrants have graduated from Herzog's highly successful employment-track nurses' aides training program. This is the 21st group to have completed this intensive four-month course. 350 immigrants have graduated and 115 are currently employed at Herzog. The hospital helped the other graduates find employment at various facilities throughout Israel. This program is certified by Israel's Ministry of Industry, Trade and Labor. Additional classes are planned to accommodate an ever-increasing number of applicants. This women's empowerment program has been supported by the Glencore Foundation for Education and Welfare, the Crown Family Foundation, PEF Israel Endowments, Brucke Du Israel in Switzerland, and other generous donors.



A unique program has been developed to train orthodox medical students. With all of its graduates successfully passing the official nursing exam from the Ministry of Health with an average grade of 82, it is recognized as the leading Nursing Program in the country. Upon completion of their degrees, the graduates receive a BSN-Bachelor of Science of Nursing degree.

They learn how to perform the complex tasks they've studied in class such as assessing and planning nursing care requirements, providing pre- and post-operation care, monitoring and administering medication and intravenous infusions, taking patient samples, pulses, temperatures and blood pressures and providing emotional support to patients and relatives.

With the huge shortage of nurses in Israel, this collaborative education program plays a major role in alleviating the exponential demand for qualified nurses. This successful partnership will keep expanding upon the completion of the Educational Center and ensure students receive on-site instruction.



SUCCESS STORIES

THANK YOU

The goal of every doctor, nurse and hospital is to cure the patient and send him or her home healthy. Herzog Hospital staff continues to excel in even the most difficult challenging cases in treating the elderly and our children in our Chronic Respiratory Care Departments. We have had many cases of succeeding in weaning patients who were hooked up to respirators 24/7.

NEVER GIVE UP

Sarah was initially admitted to Herzog Medical Center as a respiratory patient with very little hope for recovery. After eight months at Herzog despite many challenges, she never gave up. We are delighted to inform you that she was released home as a fully functioning woman who no longer relies on a respirator to breathe. This is yet another example of how Herzog's dedicated staff success in working to wean patients off of respirators, and send them home. Sarah praised the support of the team of the Chronic Respiratory Care Department and returned recently just to thank the staff: "I would like to thank the entire staff of the Department for their support and help, very happy to be home but I am not forgetting such a team!" She was hospitalized, suffering from a neurological disease. After extensive testing and diagnosis, Herzog staff determined there was potential for improvement. In consultation with Sarah and her family, a rehabilitation program was developed, enabling her to return to her family healthy and strong. Dorit Golub, a nurse practitioner in the Department: *"As part of the rehabilitation program, we set daily goals and encouraged her to make every possible effort to reach them. She fought and did not give up even when the process was very painful."*

Dr. Esther Lee Marcus, Head of the Adults' Chronic Respiratory Department:
"This is an example of a multi-disciplinary team work, working with the patient's best interest at heart and in full-cooperation with the family".



Sarah in the Chronic Respiratory Care Department, saying thank you to the team

KIND WORDS OF APPRECIATION

*Dear Dr. Caine,
My husband Elie leaves your hospital today a rehabilitated man. He came to you from Hadassah Ein Kerem after a stroke, I am not qualified to say the seriousness but it didn't look good. He walked out of your establishment on his own two feet. Obviously with help from the good Lord, but in great part due to your team of dedicated workers. They are of the highest caliber both professionally and personally. From the most senior to the most junior. Even when harassed and clearly overloaded they always had time for a smile or a cheery word. When speaking with Drs. Zukerman and Eisenberg, I know how much weight they carry, they always gave the impression that I was the only one they wished to speak to. Rebecca the physical therapist, the nurse Batya, and Chanita the dietician all were phenomenal and were a huge part of my husband's recovery. I thank them so much for their knowledge and patience. I don't like to pick out only a few because they were all great, but I will. Anatoly and Pavel, two real gentlemen, nothing was ever too much trouble. Irma, Ronit and Yvonne likewise. I don't know the names of all the others but they deserve praises. We were all treated with the utmost respect during my husband's hospitalization. More power to you for the direction Herzog is going.
Thank you for having us,
Angela and Elie Reuben*

VOLUNTEER INTERN AT HERZOG

Hi my name is Brooke Duncan and last summer I got the amazing opportunity to work alongside the Physical Therapy team at Herzog Hospital. The Herzog family welcomed me with open arms and were able to impact my short two months in Israel in such a positive way. While there I was able to assist the PT's and watch the growth of many patients as they became stronger and more confident in themselves and their abilities. I was able to learn so much and see different techniques in the field of physical therapy that I never saw while over in the US. Aside from that, I was also able to learn about the up to date techniques that Herzog Hospital used in the occupational and respiratory therapy field as well. Since this experience I have been able to share the plethora of knowledge that I gained with my peers at school and in the work force. My time at Herzog Hospital showed me how life impactful and rewarding the field of physical therapy can be on both the patients and staff. I am forever grateful for the opportunities Herzog Hospital has provided me with and I will continue to use this experience as I further my education.
Bucks County, Pennsylvania



INTERNATIONAL ACTIVITIES



AMERICAN FRIENDS OF HERZOG HOSPITAL

Elections were held adding many new young board members to the American Friends of Herzog Hospital board. Welcome to recently retired CEO of UJA Federation of New York, John Ruskay, David Abadie and Miki Segal from New York as well as Lenny Roth, Pamela Higer Polani and Maya Zaken Nash from Florida.

FLORIDA SUNNY ISLES

Dr. Yehezkel Caine, the CEO of Herzog Hospital spoke about the impact of aerospace medicine on the human body at the Riviera Parliament in Sunny Isles Florida. Organized by American Friends board member Lenny Roth, Dr. Caine also updated the group on the latest developments at Herzog.



A GENEROUS CONTRIBUTION FROM FLORIDA

Bill Forster from Boynton Beach Florida and a member of the board of the American Friends of Herzog Hospital arranged for the donation of a quantity of laptop computers. These are being used by the students of Herzog Hospital's programs to train Ethiopian young women to be nurses' aides. Many of these women are not sufficiently computer literate. Computer training is now being incorporated into the course.

BOCA RATON

Dr. Caine also spoke at the home of Lynn Hahn in Boca Raton. Almost all of those attending were hearing about Herzog Hospital for the first time. The event generated many new donations.

CALIFORNIA JEWISH COMMUNITY FOUNDATION OF LOS ANGELES VISITS

The leadership of the Jewish Community Foundation of the Jewish Federation of Los Angeles visited Herzog Hospital to receive an update on the Hospital's many new endeavors. The Foundation was one of the early supporters of Herzog's program to train Ethiopian women immigrants to become nurses' aides. Graduates of the program who are currently working at Herzog described the positive impact of the program and subsequent employment had on their lives.

PANAMA & MEXICO CITY

Stephen Schwartz, International Director of Resource Development spoke at the home of Rafi and Ruthy Bresler in Panama. He spoke about how Herzog's use of new virtual reality tools is helping the children in the hospital's Children's Chronic Respiratory Care Department. He also met with numerous donors in the ongoing efforts in Panama. Generous donations were also received through the Asociacion Mexicana De Amigos Del Herzog in Mexico City, as well as from Buenos Aires.

BRITISH FRIENDS OF HERZOG HOSPITAL



SHABBATON CHOIR VISITS

Music is Therapeutic. Herzog Hospital was delighted to welcome the Shabbaton Choir from London on their second visit. The Choir performed for the patients in the Department of Physical Rehabilitation. They also performed by the bedsides of the children in the Children's Chronic Respiratory Care Department. This was the renowned choir's encore performance, as they also visited Herzog last year to sing for our patients. Many of our patients even sang along. The patients were especially moved by the beautiful voice of eleven-year-old Rafi. The choir left several copies of their CDs for the patients to take home with them.

"These are the people who give Israel "Peace of Mind". So Friends it is our duty to help them find their Peace of Mind." Rabbi Lord Jonathan Sacks

PEACE OF MIND PROGRAMS ACROSS THE UK

Peace of Mind-POM groups of demobilized soldiers from the Israel Defense Forces have been organized throughout England. Communities that have hosted or will be hosting groups include Marble Arch, the New North London Synagogue, Westminster Synagogue, St. John's Wood and Norrice Lea in Hampstead Garden Suburb.



CANADIAN FRIENDS OF HERZOG HOSPITAL

EDUCATIONAL PROGRAM FOR THE COMMUNITY

Over two hundred people attended a community-wide public forum “Fostering Brain Health: New Frontiers in Coping with Dementia and Emotional Trauma”. The panelists, all of whom are members of the board of Canadian Friends included: Dr. Janice Halpern, a psychiatrist at Mount Sinai Hospital; Mimi Lowi-Young, former CEO of the Alzheimer’s Society of Canada; and Dr. Joel Sadavoy, Medical Director of the Reitman Centre for Alzheimer’s Support and Training at Sinai Health Systems and Dr. Yehezkel Caine CEO of Herzog Hospital. Dr. Caine added to the important sharing of information from all the panelists discussing the critical work being done by Herzog in the areas of immunology, together with dementia prevention and the latest findings on Alzheimer’s research.

SUCCESSFUL FUND RAISING EVENING EVENT

Howard and Leah Price hosted a Cocktail and Conversation Evening with Dr. Caine at their home. Dr. Caine spoke about Herzog’s work in the area of Dementia and Alzheimer’s disease focusing on possible mechanisms to help in prevention and work on possible treatments. Herzog researchers are looking at various treatment options, such as transcranial direct current stimulation. One of the goals of the transcranial stimulation is to enhance the parts of the brain that are still functioning. Those in attendance were treated to the premiere showing of a video illustrating Herzog’s success in using Virtual Reality as one of the tools for treating children and adults in the Respiratory Care departments.

HAMILTON JNF NEGEV DINNER

Herzog’s new Dr. Max and Gianna Glassman Ambulatory Center, currently under construction, was the recipient of the funds raised by the Jewish National Fund in Hamilton, Ontario at its Annual Negev Gala, which honored Yves and Luba Apel. This will help to expand the psychotrauma and mental health clinical services and ensure that everyone will have easy access to critical services.



ISRAEL CONSUL GENERAL TO TORONTO AND WESTERN CANADA RECEPTION

In celebration of Herzog’s 125th Anniversary, Israel’s Consul-General to Toronto and Western Canada, Galit Baram and her husband, the Israeli Economic Attaché, Nissan Amdur held a reception at their home in Toronto. The CEO of Herzog Hospital Dr. Yehezkel Caine spoke about the challenges facing the treatment of the aging population in Israel.

AARON BEARE FOUNDATION VISIT

Julian Beare, the Executive Trustee of the Aaron Beare Foundation in Durban South Africa, and his wife Liz visited Herzog Hospital. They received an update on new research developments at the new Aaron Beare Research Laboratories.

HERZOG FEATURED IN THE JUDISCHE ALLGEMEINE IN GERMANY

Judische Allgemeine published an article featuring Dr. Caine. In the article, Dr. Caine gave an overview of new developments at Herzog Hospital. Here is the link-
<http://www.juedischeallgemeine.de/article/view/id/30690>

GERMAN FRIENDS OF HERZOG HOSPITAL



German Friends of Herzog Hospital enjoyed a wonderful and successful evening. Dr. Yehezkel Caine, CEO of Herzog Hospital gave an impressive and touching look inside the Children’s Respiratory Department with both the brand new use of high-tech systems and the complete dedication of Herzog Hospital staff. Reinhard Oswald, President of German Friends noted that many people who attended were introduced to the incredible work of Herzog Hospital for the first time. The Board of Directors was re-elected for another two year term. Many new people have expressed interest in getting more involved in helping the German Friends group and also joining the board.



IN MEMORIAM

DR. BERNARD BLACKSTIEN Z'L



Bernie Blackstien, a long time board member of Canadian Friends of Herzog has passed away. Bernie was a hands on person, involved in various aspects of helping the Canadian Friends of Herzog Hospital organize many fund raising efforts. Bernie was a prominent dentist and active member of the Alpha Omega Dental Fraternity. He was a very sincere, warm, and committed individual. Bernie and his wife, Bev, always visited Herzog when they came to Israel. They both were also avid sailors, and so enjoyed being on their boat and hosting a constant stream of visitors. May his memory be for a blessing.

DAN SCHWIMMER Z"l



Dan Schwimmer from Boca Raton, Florida, the National President of American Friends of Herzog Hospital has passed away. Dan helped Herzog Hospital in so many ways for over 20 years. As a senior vice president of Merrill Lynch and other leadership roles, he was instrumental in raising funds and guiding Herzog, first in Florida, and then nationwide. May his wife Betsy and the entire family be comforted amongst the mourners of Zion and Jerusalem.

DR. EDITHA SAMSON Z"l



Dr. Editha Samson, the wife of the late Dr. Heinz Samson z"l has passed away. She and her husband have had a significant historic impact on the future of Herzog Hospital. The new Dr. Heinz and Dr. Editha Samson Medical Pavilion already has over 125 patients, with the capacity to add another 150 patients. Their generosity will have a lasting impact on the residents of Greater Jerusalem for generations.

THE JOSEPH PROJECT



The Joseph Project has donated numerous shipments of large amounts of medical supplies to benefit the patients at Herzog. This is saving Herzog significant expenditures on the purchase of supplies that we would have needed to use from the hospital's budget. The Joseph Project is a nonprofit organization that donates humanitarian aid to numerous organizations throughout Israel. Since 2000, it has distributed over 700 containers of merchandise to Israeli institutions and the needy.

CHRISTENEN VOOR ISRAEL

The Dutch Christian Zionist organization Christenen voor Israel led by Roger F.G. van Oordt and Pim van der Hoff visited Herzog Hospital. After seeing the important work in our Children's and Adult's Chronic Respiratory Care Departments, the organization made a major donation towards the purchase of the new oxygen generator needed by the hospital.

HERZOG STAFF VISIT MOSCOW HEALTH CARE FACILITIES

Israel's Ministry of Health selected a large group of nurses, physical and occupational therapists from Herzog Hospital to tour numerous health care facilities in Moscow. These international exchanges of information and medical practices further help Herzog staff improve their care of patients.



ISRAEL CENTER FOR THE TREATMENT OF PSYCHOTRAUMA

The vision of Herzog's Israel Psychotrauma Center: Metiv is to promote an Israeli society caring for and empowering those who suffer from psychological trauma. The Center fosters healthy coping and post-traumatic growth through evidence based clinical and community interventions. The Center offers a wide range of successful programs aimed at survivors, children, and IDF veterans. It has trained over 2,000 professionals with a strong emphasis on those serving vulnerable populations. The Center also holds an Integrative Trauma Therapy Course for mental health professionals, implementing the leading evidence based treatment method, Cognitive Behavioral Therapy. In addition, culturally sensitive treatments are being carried out to best accommodate various ethnic groups.

PEACE OF MIND- POM

For over twelve years, Herzog Hospital's Israel Center for the Treatment of Psychotrauma (METIV) "Peace of Mind" program has been providing a time and space for IDF combat veterans after their service to process their combat experiences in a supportive environment. This includes a week spent abroad hosted by a Jewish community.

The nine-month long intervention is led by two Herzog trauma therapists. 15-20 veterans from high-risk units participate in counselling through adapted workshops and seminars. 1,500 veterans have participated in the program since its creation, showing significant post-traumatic growth following their participation. Groups have been hosted in the US, Canada, England and France. One hundred groups are currently on a list waiting for a host community to raise the funds to support each individual group.

This article published in the Jewish Standard in New Jersey highlights one of the groups :
<https://jewishstandard.timesofisrael.com/their-peace-of-mind-brings-us-inner-peace/>



"Thank you for your willingness to donate your money and especially yourselves to support people, soldiers, who sacrifice the most significant years of their lives in order to preserve what is most precious for the Jewish People- the Land of Israel"

Team 2 Paratroopers, Reconnaissance Unit



CERC SEMINAR "TRAUMA AND EMOTION REGULATION IN CHILDREN"

The Metiv Children's Emotion Regulation Clinic (CERC) aims to enhance the resilience and emotion regulation for children and parents who have been exposed to, or are at risk of trauma. According to leading research in the field, developing skills in emotion regulation, alongside the stability and resilience of parents and caregivers, plays a critical role in the prevention of psychopathology in children. This research shaped the creation of our clinic and our focus on emotion regulation and strengthening the relationships between parents and children through play and creative exercises. Particular emphasis was placed on the central role of the parent/caregiver in teaching children these essential skills, and how this component is incorporated in their programs.

2019



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Herzog Hospital is authorized to issue receipts valid for income tax purposes in Israel, USA, Canada, Great Britain and Germany. We accept Israel Bonds and stock which can be acknowledged for tax purposes.



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